



Physical Education

Progression in Vocabulary



Our progressive vocabulary ladder identifies key vocabulary to be taught from EYFS to year 6. These words are part of a whole host of work aimed at narrowing the vocabulary gap for our children. As a school we aim to expose all children to a broad range of vocabulary and provide them with the skills to use and apply these.

Dance Vocabulary

Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Travel Stillness Direction Space Body parts Levels Speed	+ Space Repetition Action and reaction Pattern	+ Dance style Technique Pattern Rhythm Variation Unison Canon Action Reaction

Games Vocabulary

Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Striking Catching Own space Team Speed Direction Passing Controlling Shooting Scoring	Keep possession Scoring goals Keeping score Making space Pass/send/receive Travel with a ball Make use of space Points/goals Rules Tactics Batting Fielding Defending Hitting	Keeping possession Passing Dribbling Shooting Support Marking Attackers/defenders Marking Team play Batting Fielding Bowler Defending Hitting Offside Pitch Forehand/backhand

Gymnastics Vocabulary

Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
forwards backwards sideways roll slow body parts shape jump travel stretch wide narrow	stretch push pull step spring crawl still slowly tall long forwards high low roll copy jump land balance	muscles joints symmetrical/asymmetrical rotation turn shape landing take-off flight performance/evaluation

Swimming Vocabulary

Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Splash Water Swim Kick Jump Bubbles	Front crawl Stroke Breast stroke Back stroke Butterfly Dive Length Width Metre Rhythm Sink Float Deep Glide Rotate Shallow Tuck Breath	Straddle Surface Tumble turn Tread water Depth Scull Submerge