

The School Games inspires young people to be physically active for life through positive experiences of daily activity and competition.

Your School Games Organisers

Stride Active deliver the School Games in Herefordshire; your School Games Organisers are Kieram Hallam and Emma Gardner. They are responsible for delivering activities and events for young people.



What we do

- Support schools so that all young people are able to be active for 60 minutes every day.
- Provide fun, enjoyable environments and opportunities for children to be active.
- Use physical activity to support challenges children face when moving from primary to secondary school.
- Create positive experiences that support character development of young people.
- Raise awareness of the benefits and positive impact the School Games can have.

School Games Values

The School Games focus on six values:

Determination

Passion

Self Belief

Teamwork

Honesty

Respect

These values are a key part of all our activities and are values that we want all young people to develop.



SCHOOL GAMES HEREFORDSHIRE

What might your child be involved in?

All schools in Herefordshire are invited to be part of the School Games throughout the year. This could include competitions and activities within your child's school, competitions against other local schools or county festivals. It is free for schools to take part in the School Games.



School Games at Home

- There are lots of School Games challenges that you can do at home: visit www.strideactive.org/community/activity-resources
- Look out for children coming home with values stickers and ask them about it!
- Talk about the values when being active at home.
- Think about how you are being active at home - can you help your child to take part in 30 active minutes outside of school?



Clubs and Exit Routes

As well as giving young people the opportunity to take part in competitions and festivals, we also want them to continue this outside of school. We work with a number of local clubs and organisations so that young people can carry on participating in physical activity.



If you would like to find out more about the School Games please visit www.strideactive.org/education/school-games, email hello@strideactive.org or find us on social media!



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