

Date: _____

Quote of the Day: 'Happiness is when what you think, what you say, and what you do are in harmony.'
(Mahatma Gandhi).

Today I Want To:

Three empty rounded rectangular boxes, each with a different colored border: purple, blue, and pink.

Draw or write the things you'd like to do today.

Good Things:

Three empty rounded rectangular boxes, each with a different colored border: purple, blue, and pink.

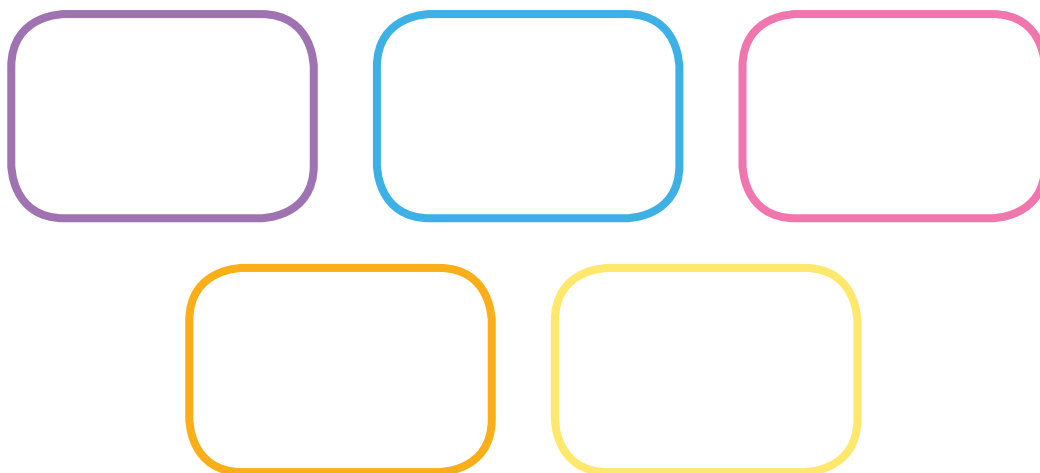
Write or draw the things that were good in your life today.

My Dream:

A large empty rounded rectangular box with an orange border.

Draw or write about a dream you have had recently.
How could this dream help you and your life?

End of Year Goals:



Write or draw five things that you would like to do before the end of the year.

The Best Thing That Happened Today:



Draw a picture to show this at the end of the day!

Rate the Day:

