

Date: _____

Quote of the Day: 'Don't count the days. Make the days count.' (Muhammad Ali)

Today I Want To:

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Draw or write the things you'd like to do today.

Good Things:

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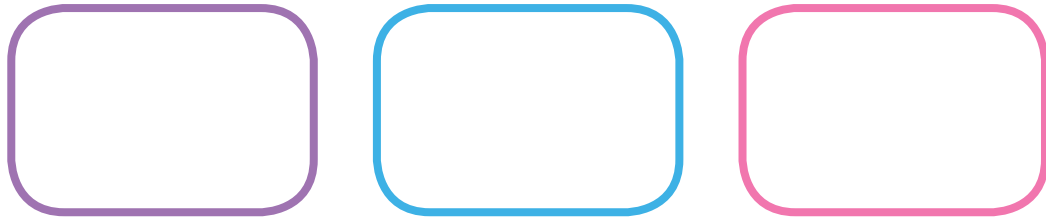
Write or draw the things that were good in your life today.

Random Acts of Kindness:

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Choose three acts of kindness that you will show to other people today.

How Do People See Me:



Think of three words that other people might use to describe you.

The Best Thing That Happened Today:



Draw a picture to show this at the end of the day!

Rate the Day:

