

Walford Nursery & Primary School
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Dear Parents and Carers

On Tuesday, 6th October, we are very excited to welcome Jamie Knight – **a world top 10 ranking Football Freestyler** – into school for the day.



Throughout the day, the children will participate in **Freestyle Football Workshops** with Jamie. During the workshops, the children will learn 10 -15 different freestyle tricks and moves whilst also learning about Jamie's freestyle career.

Despite having a focus on teaching Freestyle Football tricks, the main ethos behind the workshops is to inspire children to live healthy lifestyles and to get active by pursuing what they are passionate about. Practising Freestyle Football has many physical, social & emotional benefits including: increased self confidence, concentration & focus, teaches new ways of co-operating with others, develops stronger peer to peer relationships, increases body awareness, enhances co-ordination, improves agility and inspires healthy living.

The workshops are naturally socially distanced and **meet all the current COVID-19 guidelines**, including social distancing, hygiene and cleaning of resources between sessions.

The **cost of the workshops have been covered by the school's Sports Premium funding** to provide your child with a truly unique and inspiring experience.

Very best wishes

Ms L. George
Headteacher



Learning and Enjoyment...
Every Child, Every Opportunity, Every Day!