

Walford Nursery & Primary School
Walford
Ross on Wye
Herefordshire
HR9 5SA



Ms Louise George
Headteacher
BA (Hons) MA NPQH

Tel: 01989 562209 /
01989 762898

www.walfordprimaryschool.co.uk

admin@walford.hereford.sch.uk

Friday, 22nd November 2019

Dear Parents/Guardians

Y6 STAR Programme – West Mercia Police

We have been given the opportunity to take part in a workshop specifically designed for Year 6 children about living a healthy lifestyle. The programme will be delivered by staff from West Mercia Police and will cover the following areas:

- Making the right choices
- Drug awareness
- Positive and negative thoughts and feelings
- Being proud of yourself and achievements
- Alcohol awareness
- The dangers of smoking and substance abuse
- Personality traits
- Keeping safe
- Making the right choices
- Hopes and dreams for the future

These workshops coincide with our PSHE topics throughout the year and will complement the children's trip to Crucial Crew in the summer term. They will complete the programme over three morning sessions beginning **Monday, 25th November 2019**.

Please do not hesitate to come into school and speak with Mrs Nicholls should you have any questions about the programme or require any further details.

Yours sincerely

Ms Louise George
Head Teacher



Learning and Enjoyment...
Every Child, Every Opportunity, Every Day!