



Autumn Term 2021 Newsletter 10



The Value of the Month for November is to understand our Rights & Responsibilities

Rights and responsibilities help to make communities better...
it means being dependable, making good choices, and taking accountability for your actions.

What's happening next week...



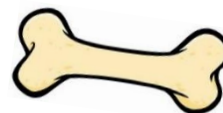
Monday 22 nd	
Tuesday 23 rd	
Wednesday 24 th	
Thursday 25 th	Y5 Gym / Y4 Swimming
Friday 26 th	Non-School Uniform

COMING SOON...

Dog Chew Competition

Buy your dog's chews in time
for Christmas.

Watch out for order forms coming
home on Monday 22nd November.



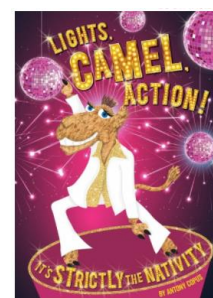
Christmas Performances

Providing there are no further changes to COVID restrictions, we plan to celebrate the following events together:

EYFS & KS1 Christmas Concert - Lights, Camel, Action!

Wednesday 15th December 2021 1.45pm

Thursday 16th December 2021 1.45pm



Year 5 & Year 6 Carol Service – St Michael & All Angels Church, Walford.

Monday 13th December 2021 2.00pm

NB Siblings will have the opportunity to enjoy these performances during dress rehearsals.

Please note, invitations are restricted to 2 tickets per family and we kindly ask that you only attend ONE performance.

Class 3 and Class 4 will lead the Easter Service in April 2022.





Walford Nursery & Primary School
alongside
St John The Baptist, Lea Church



'Dog Chew' Competition



WIN **£100** Smyths
Toy Voucher
PLUS £25
CLASS PRIZES



The child that sells the most bags of dog chews during the competition will win the **TOP PRIZE of £100**. **PLUS**, the top sellers in each of the other classes will receive **£25**!

Help us raise money for books for our new Class Libraries!



INFORMATION FOR PARENTS

This competition has been arranged thanks to the generosity of a major manufacturer of high-quality dental dog chews who is a customer of Alan Keef Ltd, Lea. The dog chews can be found in leading supermarkets and pet stores but will be supplied in unbranded bags for **£5.00 each** (RRP £16.00). A similar competition held with Lea School raised £4,300 in two weeks – so anything is possible if we all sell as much as possible!

There are a few simple rules for the competition which can be found within this leaflet.

Please do all you can to sell as many packs as possible to family, friends and colleagues and help your child win whilst raising money for Walford Nursery & Primary School and St John The Baptist, Lea Church.



Walford Nursery & Primary School
alongside
St John The Baptist, Lea Church



'Dog Chew' Competition



Competition Rules

- **£5.00 per bag (700g minimum weight)**

- **KEY DATES:**
Order Forms to be returned: **Friday, 26th November**
Dog Chews distributed: **Monday, 29th November**
Competition Closing Date: **Monday, 13th December**
(all money to be handed in / unsold bags of chews returned)
WINNERS announced: Friday, 17th December

- Children and parents to sell as many bags of dog chews as possible.
- There **MUST** be NO sales through commercial outlets, the Internet or Social Media.
- NO need to pay up front – simply fill in the order form below to indicate how many bags you would like.
- The dog chews come in a number of shapes and sizes (see below). The exact contents of each bag will be varied but suitable for the size of dog requested. We can only supply chews by the size of dog.
- If you feel you can sell more than your initial order, please contact your Class Teacher or the School Office to order further bags.

The Dog Chews:

High-quality dog dental chews which can improve a dog's dental health and breath as well as being a tasty treat. All natural ingredients.

- Improve dental health and breath
- All natural ingredients: potato starch, glycerine, powdered cellulose, lecithin, yeast, natural colours (malt extract, annatto extract, alfalfa extract, calcium carbonate)
- Gluten free
- Vegetarian

Not recommended for dogs under 9 months or 2kg in weight.

Children's Christmas Fayre – Wednesday 1st December 2021



Our fantastic, festive Christmas Fayre will be held on Wednesday 1st December 2021 and we really need your support. This is a fabulous fund-raiser for the school, which provides wonderful benefits for the children throughout the whole year. One of our focuses this year will be to raise funds for our outdoor areas for remembrance, reflection and celebration.

In order to make this year's Fayre a success we rely heavily on donations. These are always very much appreciated and ensure that there are lots of goodies for the pupils to enjoy!

We will be holding a **non-school uniform day** on **Friday, 26th November** and we ask that children donate items for the Christmas Fayre. Please take your donations to the school office.

Class R	Chocolate Tombola Prizes
Class 1	Toys for Toy Tombola
Class 2	Raffle Prizes – Small food items / unwanted gifts / toiletries / stationery
Class 3	Chocolate Tombola Prizes
Class 4	Toys for Toy Tombola
Class 5	Raffle Prizes – Small food items / unwanted gifts / toiletries / stationery
Class 6	Please bring in penny sweets / prizes for your games.

Unfortunately, due to current restrictions, parents are unable to attend this event.





Children in Need

Friday, 19th November 2021



Today, fundraising fever took place at Walford for Children in Need. As you can see in these wonderful photographs, we saw plenty of spotty clothes and Pudsey ears. Huge thanks for your generous donations, we managed to raise £204 for this very worthy cause.



In aid of
BBC
Children
in Need



to...

Noah (Y1) who achieved his Rainbow Distance Swimming Badge for 10 metres.

William (Y1) for achieving his Learn to Swim 2 Badge.

Beatrice (Y1) for winning 'Player of the Week' for Ross Juniors Football Club.

Mia (Y6) who was awarded the IDTA Medalist of the Year for South West England and came 1st place in her dance competitions.

Emily (Y6) who competed in the IDTA South West England Medalist Competition for ballroom dancing and came 2nd in the Tango, 3rd in Bosa Nova and 5th in the Cha Cha.



**Well done, everyone!
We are all very proud of you!**

10 Ways You Can SHARE KINDNESS ONLINE

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

1 PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.

2 REACH OUT

It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.

3 RECOMMEND FUN THINGS

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.

4 OFFER TO HELP

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!

5 POST POSITIVELY

Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

6 SHOW YOUR APPRECIATION

If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.

7 BE UNDERSTANDING

Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.

8 SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

9 THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

10 LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.

Meet Our Expert

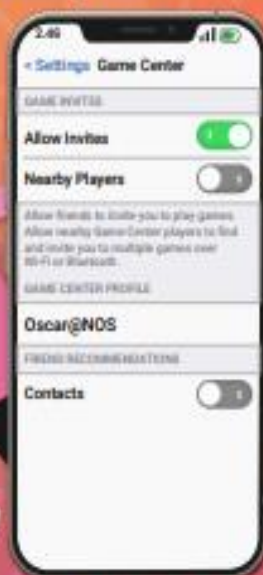
Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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Online
Safety
#WakeUpWednesday

How to Set up PARENTAL CONTROLS for APPS iPhone

Apple devices come with built-in apps already available: Mail, FaceTime and Safari, for example. However, you can choose which apps and features appear on your child's device and which ones don't. You can also manipulate the features in Game Centre to enhance your child's safety and privacy when playing games, as well as blocking iTunes or App Store purchases if you wish.



How to Restrict Built-in Apps/Features

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Allowed Apps (you may need to toggle this to 'on' at the top)
- 5 Enable or disable the apps you wish to appear (or disappear) on your child's device

How to Restrict Game Centre

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions (you may need to switch the toggle at the top to the 'on' position)
- 5 Scroll down to Game Centre
- 6 Choose between Allow, Don't Allow, or Allow with Friends Only in the settings for each feature

How to Restrict iTunes & App Store Purchases

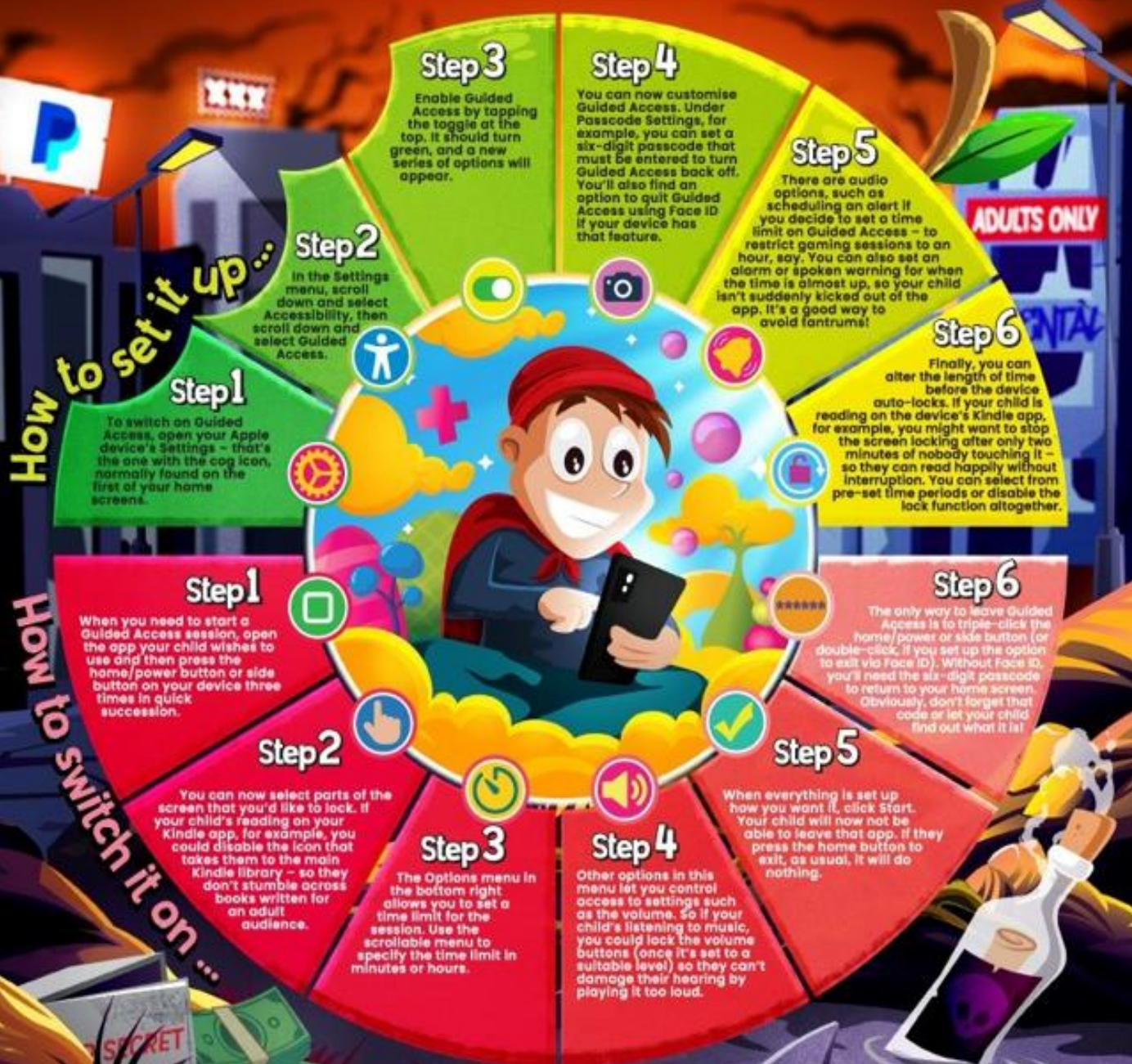
- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap iTunes & App Store Purchases
- 5 Select Allow or Don't Allow for each feature (you can also lock these settings with a password)

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What Parents and Carers Need to Know about APPLE GUIDED ACCESS

iPhones and iPads don't offer separate user accounts. So when you hand your Apple device to a child to play a game or watch a video, you're also handing them access to your email, the web, messaging and numerous other apps through which they could accidentally do something regrettable.

Apple Guided Access solves this potential problem by letting you restrict the iPhone or iPad to one particular app whenever your child uses the device. If they try and leave that app, they will be asked for a password or Face ID, meaning they can't access anything they shouldn't elsewhere on the device. Here, we show you how to find and set up the Guided Access feature, so you can confidently let your child borrow your iPhone or iPad.



Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *Newsnight*, *Radio 5 Live* and the *ITV News at Ten*. He has two children and has written regularly about Internet safety issues.



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SOURCES: <https://support.apple.com/en-gb/HT202872>



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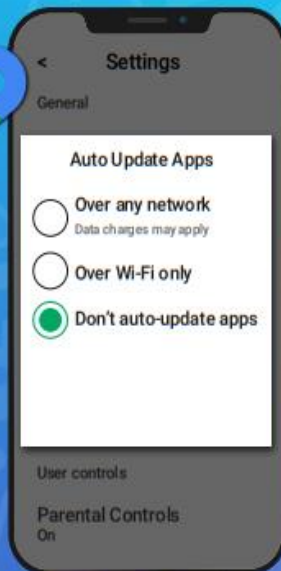
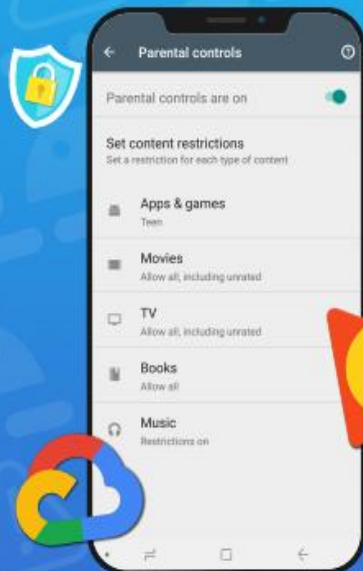


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How to Set up PARENTAL CONTROLS for APPS Android Phone

On Android phones, restricting access to particular apps usually requires going onto Google Play. From there, it's fairly easy to navigate your way through the settings to manage the parental controls and authentications relating to any apps on the device. These features can prevent your child from downloading or buying anything unsuitable for their age. Updated versions of apps or games that your child has already installed may occasionally contain something inappropriate, so we've explained how to stop those, too.



How to Block App Downloads (This Also Disables In-app Purchases):

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Scroll down to the Family section and tap Parental controls
- 5 Toggle 'Parental controls are off' to 'Parental controls are on'
- 6 Create a PIN and tap OK
- 7 Confirm your PIN and tap OK again
- 8 Tap Apps & Games
- 9 Set the age limit you wish to set (18+)
- 10 Tap Save to apply your changes

How to Stop Auto-updates

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Tap Auto-Update Apps
- 5 Select 'Don't auto-update apps' and then tap Done

Restricting Apps Through Google Family Link

- 1 Open Google Play Family Link for parents
- 2 Tap the three horizontal lines in the top left
- 3 Select your child's account
- 4 Tap Manage
- 5 Tap Controls on Google Play
- 6 Tap Apps & Games
- 7 Select the age limit you wish to set (18+)



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PLEASE NOTE...

THE ARRIVAL TIME FOR WREATH MAKING HAS CHANGED TO 7.00PM.



New Ways November 2021

MONDAY



1 Make a list of new things you want to do this month

TUESDAY



2 Respond to a difficult situation in a different way

WEDNESDAY

3 Get outside and observe the changes in nature around you

THURSDAY

4 Sign up to join a new course, activity or online community

FRIDAY

5 Change your normal routine today and notice how you feel

SATURDAY

6 Try out a new way of being physically active

SUNDAY



7 Be creative. Cook, draw, write, paint, make or inspire

8 Plan a new activity or idea you want to try out this week

9 When you feel you can't do something, add the word "yet"

10 Be curious. Learn about a new topic or an inspiring idea

11 Choose a different route and see what you notice on the way

12 Find out something new about someone you care about

13 Do something playful outdoors - walk, run, explore, relax

14 Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if..."

16 Look at life through someone else's eyes and see their perspective

17 Try a new way to practice self-care and be kind to yourself

18 Connect with someone from a different generation

19 Broaden your perspective: read a different paper, magazine or site

20 Make a meal using a recipe or ingredient you've not tried before

21 Learn a new skill from a friend or share one of yours with them

22 Find a new way to tell someone you appreciate them

23 Set aside a regular time to pursue an activity you love

24 Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

26 Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

28 Discover your artistic side. Design a friendly greeting card

29 Enjoy new music today. Play, sing, dance or listen

30 Look for new reasons to be hopeful, even in tough times



ACTION FOR HAPPINESS

Happier · Kinder · Together