



Summer Term 2022 Newsletter 1



*The Value of the month is ...
Appreciation*

*Recognition and enjoyment of the good qualities
of someone or something.*



What's happening next week...



Monday 2 nd	Bank Holiday Monday
Tuesday 3 rd	
Wednesday 4 th	YR Forest School Swimming
Thursday 5 th	YR Gym
Friday 6 th	

Exciting News!

Ross Tennis Centre will be starting a KS2 Table Tennis Club on Fridays after school starting next Friday 6th May 2022.

This club is now available to book on ParentPay!



Every Minute Counts



Child 'A' reads
1 minute each day

180 minutes in a
school year

8,000 words

Child 'B' reads
5 minutes each
day

900 minutes in a
school year

282,000 words

Child 'C' reads
20 minutes each
day

3,600 minutes in a
school year

1,800,000 words



Quidditch Day

On Thursday 7th April, the children experienced the magic of an Enrich Education School Quidditch Event.

The day started with a rousing, 'sorting hat assembly', where the children were organised into houses. The children left the assembly excited and geared up to compete for points, in their very own school Quidditch Cup.

Throughout the course of the day, each class participated in a range of skill-based games associated with the different positions in Quidditch with some time for competitive tournament play.

The coaches, Brad and Dom, were very impressed with everyone's **teamwork, respect, passion, determination and camaraderie**. Well done, everyone!



In preparation for this special day, the School Council and members of Walford's Sports Crew researched and selected four significant local individuals who had made a valuable contribution to our community in order to rename our School Houses.

The four school 'Houses' have now been renamed to reflect this important work:

William GILPIN

put Ross-on-Wye on the map for British tourism

John KYRLE

was a local philanthropist – a person who gives their own money to look after the welfare of others

Thomas BLAKE

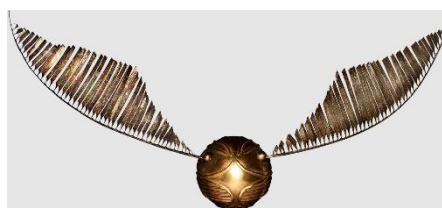
was known to be the most significant benefactor in Ross-on-Wye who gave his own money to look after the welfare of others

Robert PASHLEY

was the most famous and successful Ross-on-Wye salmon fishermen. He was known as the 'Wizard of the Wye' and he lived at Bishopswood.

Robert Pashley left his estate in a trust to the school.

Congratulations to John Kyrle House, our first winners of the Quidditch Cup!



Quidditch Day



PIC•COLLAGE

What Parents & Carers Need to Know about GROUP CHATS

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

WHAT ARE THE RISKS?

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat. Instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing Internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS
National
Online
Safety®
#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.04.2022

Walford Nursery & Primary School Celebrates Receiving Computer Quality Mark

It's official... Walford Nursery & Primary School is delivering high quality computing education and the digital skills young people will need for their future.

The school has achieved the new national Computing Quality Mark, after evaluating its computing education and demonstrating high-quality provision. Having completed the National Centre for Computing Education's ground-breaking new programme, the [Computing Quality Framework](#), the school has been recognised for excellence through being awarded the Computing Quality Mark.

To achieve The Computing Quality Mark, Walford had to complete all seven aspects of the CQF, which recognises achievement in:

- Leadership and Vision
- Curriculum and Qualifications
- Teaching, Learning and Assessment
- Staff Development
- Equity, Diversity, Inclusion and SEND
- Careers Education
- Impact on Outcomes



Claire Garside, senior lead facilitator at the NCCE, said, "Congratulations to Walford Nursery & Primary School on becoming an NCCE 'Computing Quality Mark' school! They're among the schools leading the way to deliver high standards in computing education. The Computing Quality Mark recognises the quality of their provision to ensure all students receive the computing skills and knowledge so valuable for today and in their future careers."

The National Centre for Computing Education (NCCE) is funded by the Department for Education and supporting partners, to improve the provision of computing education in England.

Since the NCCE's establishment in 2018, it has engaged with 34,000 teachers from more than 19,000 schools in England, created the Teach Computing Curriculum which has seen half a million downloads of lessons. It has now added the CQF to its provision.

It is wonderful for the school to receive this external validation and a testament to the expert leadership of Claire Weyman, Computing Subject Leader, who is committed to ensuring the delivery of an excellent computing curriculum for every pupil. All staff continue to work hard to provide a wide range of engaging computing opportunities for every pupil.

Walford continues to lead the way in delivering the highest standards in computing education and is still the only school in Herefordshire who has been awarded Apple Regional Training Centre status. The NCCE award further demonstrates the quality of Walford's innovative computing provision.

Well done, everyone!



to...



Walter (YR) who received an award for completing his 1st year in the golf programme at the Ross-on-Wye golf club.

Shriya (Y2) who had her hair cut short and donated it to the Little Princess Trust.

Well done, both – we are all very proud of you!




CALENDAR

Walford Nursery & Primary School

Summer Term 2022

May 2022	May 2022		Y2 SATs **Holidays are not permitted**
	Mon 9th – Thurs 12th		Y6 SATs **Holidays are not permitted**
	Wed 18 th – Fri 20 th		Y5 & Y6 London Residential
	Thursday 26 th	1.00pm	Jubilee May Fayre
	Friday 27 th	3.05pm	End of term
	Mon 30 th May – Fri 3 rd June inclusive		Half Term
	Monday 6 th	8.50am	Children return
June 2022	Mon 6th – Fri 11th		Y1 Phonics Screening **Holidays are not permitted**
	Mon 6th – Fri 24th		Y4 Multiplication Tables Check **Holidays are not permitted**
	Wednesday 22 nd	9.00am	Class Photographs and Leavers' Photos
	Tuesday 28 th	2.00pm	Computing RTC Festival of Learning
	Thursday 30 th		Transition – Move Up Morning
	Friday 1 st	10.30am 1.15pm	EYFS & KS1 Sports Day KS2 Sports Day
July 2022	Tuesday 5 th	10.00am	Nursery Sports Day
	Thursday 7 th		Transition - Move Up Morning
	Friday 8 th	10.00am	Thank You Assembly
	Friday 8 th	6.00pm – 8.00pm	Y6 Leavers' Bash (Y5 & Y6 invited)
	Monday 11 th	1.15pm & 6.00pm	Y6 Leavers' Show
	Tuesday 12 th	6.00pm	Y6 Leavers' Show
	Thursday 14 th	3.30pm – 6.00pm	Parents' Evenings
	Monday 18 th	3.30pm – 6.00pm	Parents' Evenings
	Tuesday 19 th	2.00pm	Nursery Graduation
	Wednesday 20 th	10.45am 3.05pm	Y6 Leavers' Assembly End of term

Active April 2022

MONDAY



4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try a new online exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself

TUESDAY



5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes

WEDNESDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

THURSDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

FRIDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

SATURDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

SUNDAY

3 Listen to your body and be grateful for what it can do

10 Have a day free from TV or screens and get moving instead

17 Be active outside. Dig up weeds or plant some seeds

24 Get active in nature. Feed the birds or go wildlife-spotting



ACTION FOR HAPPINESS

Happier · Kinder · Together