



Summer Term 2021 Newsletter 19



The Value of the month is ...

APPRECIATION



What's happening after half term...

Monday 21 st	
Tuesday 22 nd	YR / Y1 Yoga Y3 / Y4 Tennis Coaching Year 2 Community Gardens 3.45pm – Y6 Residential Meeting
Wednesday 23 rd	
Thursday 24 th	YR Forest School
Friday 25 th	Paddington Concert

THANK YOU!

Thank you to Farmer Rob & Farmer Lucy for visiting us! Class 1 enjoyed learning about local produce and farming – we even got to sit on the tractor!



SPORTS DAY

KS2 Sports Day (Year 3, 4, 5 & 6)
Monday, 28th June

KS1 Sports Day (Year R, 1 & 2)
Tuesday, 29th June

Please note the letter below from Herefordshire Council & Public Health regarding the current COVID-19 safety measures.

Whilst parents/carers are, therefore, unable to attend these events, we will produce a film and lots of photographs for all to enjoy!



Dear Parents and Guardians

As the second half of the summer term begins I would like to thank you and your children and young people for continuing to play your part in preventing the spread of coronavirus (COVID-19) in Herefordshire and helping to keep our schools open.

With Government regulations easing, it may feel that schools should start to relax some of the measures but we have requested that schools continue to follow the COVID-19 safety measures for the next 6 weeks to keep students and staff safe and help them to remain open. We ask you to please continue to play your part and support your child's school by continuing to follow the measures below:

- Wear face coverings and social distance at drop off and pick up times.
- Stay at home and get a PCR test if you, or a household member, have a new continuous cough, high temperature or loss of smell or taste. To book your PCR test, please visit: www.gov.uk/get-coronavirus-test or phone 119.
- Take part in lateral flow testing 2 times per week if you are a parent or are a secondary school or college student. To order your tests to be delivered to your home or find your nearest test site, please visit: www.gov.uk/order-coronavirus-rapid-lateral-flow-tests
- Let your school know as soon as possible if you have a positive test result, either on a lateral flow or PCR test.

It is important that we all work together to keep the levels of COVID-19 cases low in our county. You can help with this by booking your COVID-19 vaccination as soon as you are eligible. At the time of writing this letter anyone aged over 25 years can book a vaccination. To find more information on vaccinations and booking, please visit: www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/

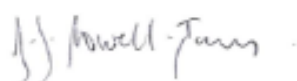
As society re-opens some areas in the UK are beginning to see COVID-19 cases rise again and some schools have had to close to stop the spread of the virus. Herefordshire schools are working extremely hard to keep their pupils in school for the final six weeks of the summer term. In order to do this, it may mean that decisions have to be made relating to school trips and sports days. It may be that some of these traditional events sadly cannot go ahead or they may look very different this year and we ask that you support your school with these tough decisions.

Finally, please remember to protect yourself and others by following the COVID-19 safety guidelines:

- Keep windows open
- Socialise outside where possible
- Follow the Hands, Face, Space guidelines
- Wear a face covering in public buildings and on public transport

Thank you for your continuing to play your part to keep Herefordshire safe.

Yours sincerely



Dr Rebecca Howell-Jones
Herefordshire's Director of Public Health

Paddington Bear's First Concert Project

We were lucky enough to be selected to participate in an exclusive project, 'Paddington Bear's First Concert'. This exciting opportunity is led and delivered by classical pianist and music educator, Caroline Page and narrator, Liz Franklin- Kitchen. Through taking part, pupils are provided with an exciting opportunity to learn, enjoy and participate in a wide range of experiences covering English, Art and Design, Science and Music through interactive cross-curricular video workshops. Each class has worked incredibly hard to produce some astounding artwork and musical instruments that will be used to illustrate and interact with our live performance. We are very excited to see our hard work come together on Friday 25th June, when Walford's very own 'Paddington Bear's First Concert' will premiere!





Young Voices Biggest Sing Guinness World Record Attempt



Young Voices Biggest Sing took place on Tuesday 15th June and was the flagship event of Children's Mental Health Week. Young Voices attempted to break their own Guinness World Record for the Largest Simultaneous Sing (current record 293,978 people). Thousands of children, teachers and families came together from all over the world to sing the iconic song 'Lovely Day' by Bill Withers to raise vital funds in support of Place2Be, the chosen charity for 2021.





NSPCC Speak out. Stay safe. programme

This week, we participated in the NSPCC's *Speak out. Stay safe.* online programme. This included an online assembly and supporting classroom-based activities. *Speak out. Stay safe.* is a safeguarding programme that helped the children understand abuse in all its forms and to recognise the signs of abuse in a child friendly, interactive way. Children were taught to speak out if they are worried, either to a trusted adult or Childline.

If you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website www.nspcc.org.uk/speakout



Adapted assembly for home use

The NSPCC has also developed an adapted version of their assembly for parents/carers to use at home with their children. This can be found here: [Watch our Speak out Stay safe assembly at home | NSPCC](https://www.nspcc.org.uk/watch-our-speak-out-stay-safe-assembly-at-home). With the help of celebrities, the film focuses on how a child can get support if they have any worries or concerns. To complement the assembly, there are some resources that can be used to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website www.nspcc.org.uk/activities.

Talking PANTS with your children

'Talk PANTS' is a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at www.nspcc.org.uk/pants.

Childline Under 12's Website

Childline also have a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you would like to know more about the NSPCC's work, please visit their website at: www.nspcc.org.uk/parents



Wonderful Walford Nursery

This week in Nursery we have been exploring different nursery rhymes including 'Miss Polly had a Dolly' and learning about people who help us. We made our own fire engines and firefighter helmets – we even put out our make-believe fire!

Head over to our Nursery class page on the school website to see even more fun!

<https://www.walfordprimaryschool.co.uk/nursery-1/>





Annabelle (Y1) played her first football match last weekend and was nominated for being 'Player of the Match' and a fantastic goalkeeper!

Isla (Y5) won the Glitter Ball Trophy in her Latin and Ballroom Dance for her confidence in her pasodoble!

Aurora (Y2) received her Level 2 Learn to Swim certificate!

Well done, Annabelle, Isla & Aurora, we are all very proud of you!



CALENDAR



28/06/2021	KS2 Sports Day
29/06/2021	KS1 Sports Day
05/07/2021 – 07/07/2021	Year 6 Residential
09/07/2021	Nursery School Graduation
14/07/2021	Year 6 Leavers' Show
15/07/2021	Year 6 Leavers' Show
20/07/2021	Last day of school / Year 6 Leavers' Assembly
21/07/2021	INSET Day (children are not in school)

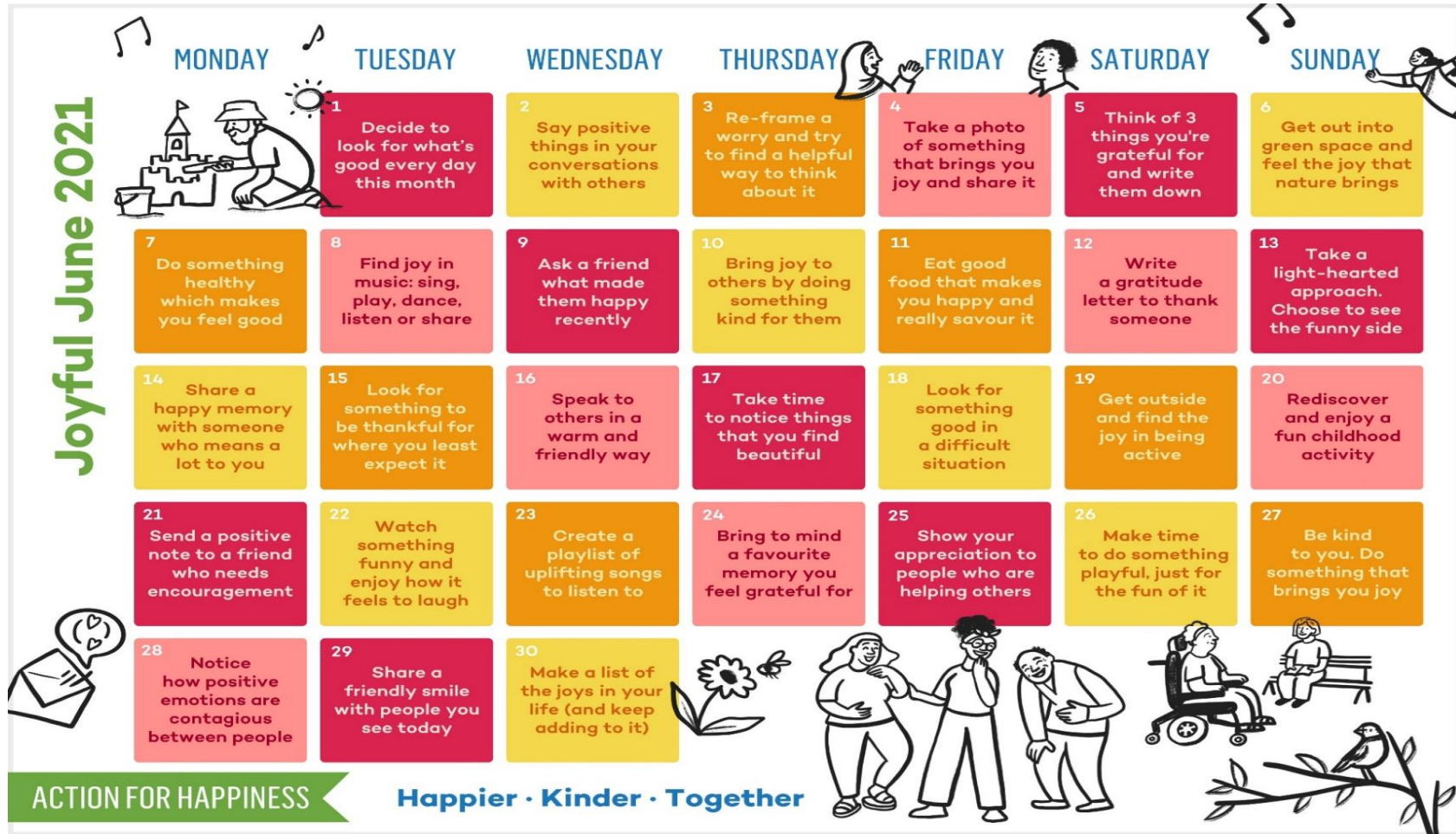
Every day may not be good, but there is something good in every day 🌱

Join us for #JoyfulJune and discover actions to help you find and share the little joys in life!

Joyful June 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Decide to look for what's good every day this month	2 Say positive things in your conversations with others	3 Re-frame a worry and try to find a helpful way to think about it	4 Take a photo of something that brings you joy and share it	5 Think of 3 things you're grateful for and write them down	6 Get out into green space and feel the joy that nature brings	
7 Do something healthy which makes you feel good	8 Find joy in music: sing, play, dance, listen or share	9 Ask a friend what made them happy recently	10 Bring joy to others by doing something kind for them	11 Eat good food that makes you happy and really savour it	12 Write a gratitude letter to thank someone	13 Take a light-hearted approach. Choose to see the funny side
14 Share a happy memory with someone who means a lot to you	15 Look for something to be thankful for where you least expect it	16 Speak to others in a warm and friendly way	17 Take time to notice things that you find beautiful	18 Look for something good in a difficult situation	19 Get outside and find the joy in being active	20 Rediscover and enjoy a fun childhood activity
21 Send a positive note to a friend who needs encouragement	22 Watch something funny and enjoy how it feels to laugh	23 Create a playlist of uplifting songs to listen to	24 Bring to mind a favourite memory you feel grateful for	25 Show your appreciation to people who are helping others	26 Make time to do something playful, just for the fun of it	27 Be kind to you. Do something that brings you joy
28 Notice how positive emotions are contagious between people	29 Share a friendly smile with people you see today	30 Make a list of the joys in your life (and keep adding to it)				

ACTION FOR HAPPINESS **Happier · Kinder · Together**



TALK

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S

AND STAY SAFE,
LIKE PANTOSAURUS



P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

S PEAK UP, SOMEONE
CAN HELP



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR