



Forestry Commission
England



Learning
in your forest

Ten forest challenges for spring

☐ **Challenge 1** Wood is really useful – find five things in the forest that are made of wood (not just the trees!)

☐ **Challenge 2** Lots of different birds live in the forest – many will be building nests in the spring. Can you spot a bird carrying a twig to make its nest?

☐ **Challenge 3** Find a tree stump – if you count the rings, you can tell how old the tree was when it was cut down. How old is the oldest tree stump you can find? Can you balance on it on one leg?

☐ **Challenge 4** In spring, trees are starting to grow again – find five different trees and look at their buds and their fresh new green leaves.

☐ **Challenge 5** How many different spring flowers can you find growing on the forest floor? Try to find one yellow, one blue and one pink.

☐ **Challenge 6** Go for a long walk in the forest – keep going until your legs are really tired, then treat yourself to a cake or an ice cream!

☐ **Challenge 7** Visit the forest on a really rainy day – wear your wellies and your raincoat, and listen to the raindrops splashing on the leaves.

☐ **Challenge 8** Look for evidence of the wildlife that lives in the forest – nibbled nuts and cones, footprints, poo, fur, feathers...

☐ **Challenge 9** Think of a story that is set in a forest – act it out with your friends and family – try Little Red Riding Hood, Hansel and Gretel or the Gruffalo.

☐ **Challenge 10** Try an activity in the forest that you have never done before – Go Ape, camping, mountain biking...

Your forest is cared for by the Forestry Commission for people, wildlife and timber