



Spring Term 2022 Newsletter 4



The value of the month is... Resilience

Having the motivation to keep going and not to give up.
When things get difficult – having the ability to bounce back.
Having the tenacity to accomplish our goals.

What's happening next week...

Monday 31 st	Y4 Swimming
Tuesday 1 st	
Wednesday 2 nd	
Thursday 3 rd	Y3 Gym
Friday 4 th	Number Day – Dress as a Digit

REMINDER:

Please ensure that all clubs and school lunches are booked via ParentPay no later than Sunday for the week ahead.



The Queen's Green Canopy

This week, we were very excited to take part in the Queen's Green Canopy celebration – Plant a Tree for the Jubilee!

The children were delighted to host Jesse Norman MP & Karen Usher DL for this very special event.





Dress up as Digits!

We are delighted to be supporting the NSPCC by taking part in Number Day on **Friday 4th February 2022** and **dressing up as digits!**

Pupils are asked to wear an item of clothing with a number on it (football shirt, cap, netball shirt or even a onesie!). Or get even more creative by dressing in a maths or numbers theme. To help raise money for the NSPCC, they are asking for a suggested donation of £2, and we'd love everyone in the school to take part in this special event.

We've set up a Just Giving page which can be found here:

<https://www.justgiving.com/fundraising/walford-school1>

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Everything the NSPCC does protects children today and prevents abuse tomorrow

The NSPCC needs our support more than ever. By raising money, we can help to fund their vital services such as Childline – the helpline that's always there for children and young people whatever their problem or concern.

On average, a child contacts Childline every 25 seconds

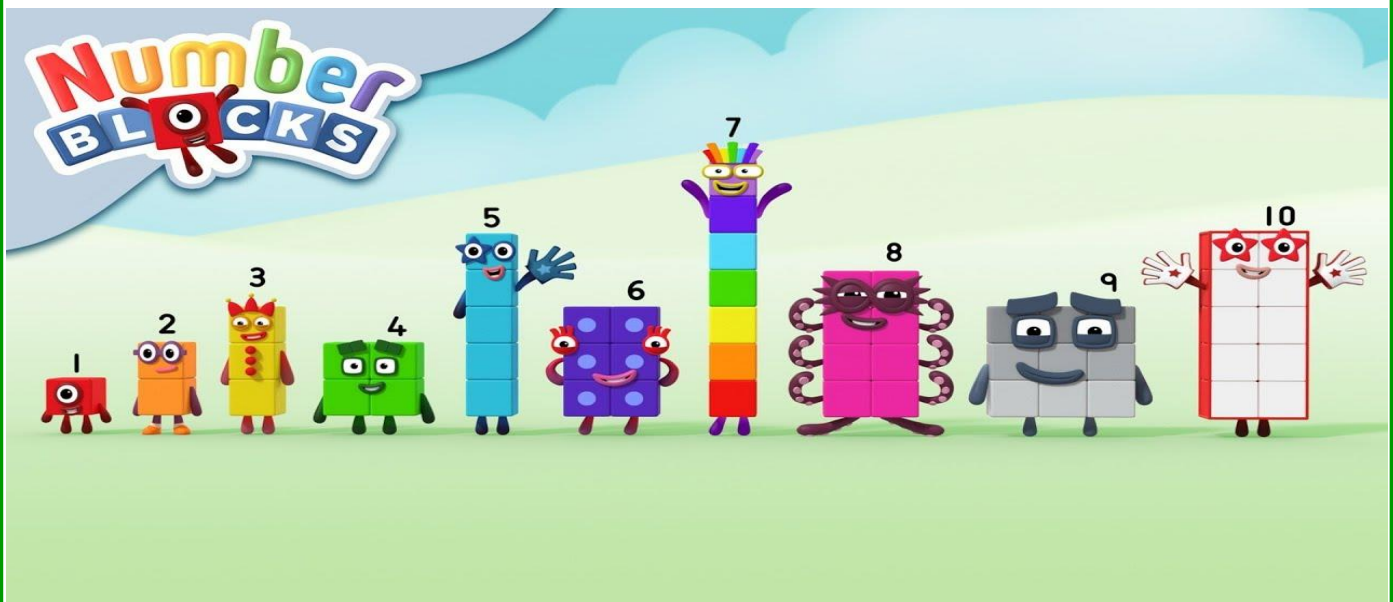


Making maths meaningful

Number Day is a great way to make maths fun and bring about a positive, 'can-do' attitude towards it.

It all adds up

We're really looking forward to all the fun of Number Day, and we really appreciate your support. All the money we raise at will make an enormous difference to children today and help NSPCC prevent abuse be there for children.





to...

Beatrice (YR) who has tried really hard at earnt her 20m swimming badge.

Ava (Y3) who achieved Star of the Month at Flipz Gymnastics

Mia (Y6) and Joel (a past pupil) who won the couples under 13 Latin competition for North West England in Manchester on Sunday!



Well done, everyone! We are all very proud of you



Helping Hands!

Aurora (Y3) has a fantastically creative 'Nanna that loves to Knit'! She has been very kind and has donated lots of beautifully knitted baby clothes including cardigans, hats and blankets. All proceeds have been kindly donated to the school and have raised a fantastic £60 to date! If you are interested in purchasing one of these lovely items, please see the school office.

Noah (Y3) has been busy helping on the zero-waste stall at Ross Community Gardens towards his Beavers Bronze Award. Well done, Noah!





CALENDAR

Walford Nursery & Primary School – Diary Dates 2021-2022

Spring Term 2022

January 2022	Wednesday 5 th	8.50am	Children return
	Wednesday 19 th	4.30pm	Year 6 SATs Meeting via Zoom
February 2022	Friday 4 th	9.00am	NSPCC Number Day 'Dress as a Digit'
	Tuesday 8 th	9.00am	E-Safety Safer Internet Day
	Monday 14 th	3.30pm – 6.00pm	Parents' Evening via Zoom
	Tuesday 15 th		
	Wednesday 16 th	9.30am	Year 5 & Year 6 Class Assembly via Zoom
	Friday 18 th	3.05pm	End of term
	Monday 21 st – Friday 25 th inclusive		Half Term
	Monday 28 th	8.50am	Children return
March 2022	Thursday 3 rd	9.00am	Dress-Up Day – World Book Day
	Thursday 17 th	5.00pm – 6.00pm 6.15pm – 7.30pm	KS1 Disco KS2 Disco
	Friday 18 th	9.00am	Wear What You Like – Comic Relief
	Friday 25 th	9.30am	Nursery, EYFS & KS1 Class Assembly via Zoom
April 2022	Tuesday 5 th	2.00pm	Year 3 & Year 4 Easter Service via Zoom
	Thursday 7 th	3.05pm	End of term

Key Dates – Statutory Assessments

May 2022	w/b Monday 9 th May	Year 6 KS2 SATs ** Holidays are not permitted **
May 2022	w/b Monday 16 th May w/b Monday 23 rd May	Year 2 KS2 SATs ** Holidays are not permitted **
June 2022	w/b Monday 6 th June	Year 1 Phonics Screening Check ** Holidays are not permitted **
June 2022	w/b Monday 6 th June	Year 4 Multiplication Table Check ** Holidays are not permitted **

What Parents & Carers Need to Know about

YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

Advice for Parents & Carers

APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.

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CENSORED

TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.

MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.

LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



National Online Safety

#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

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HOT OFF THE PRESS –

Sir David Attenborough Writes Back!



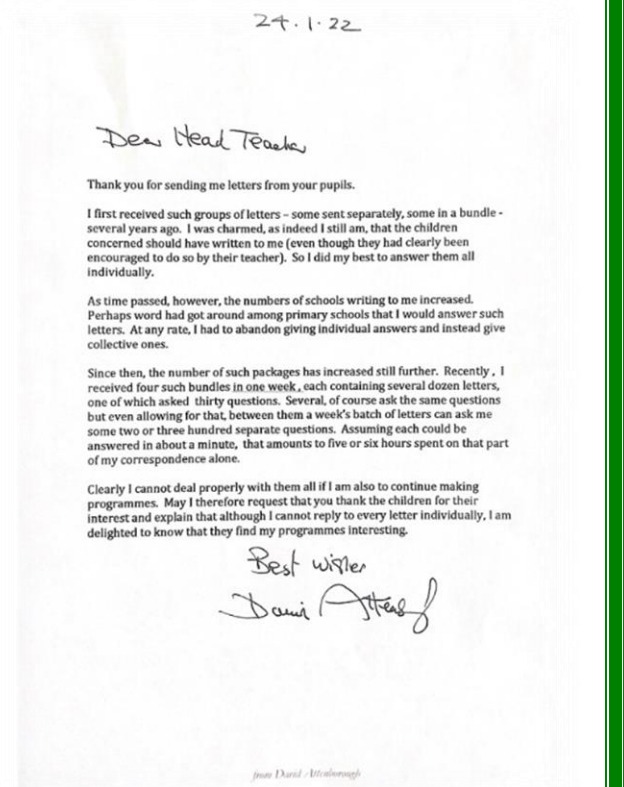
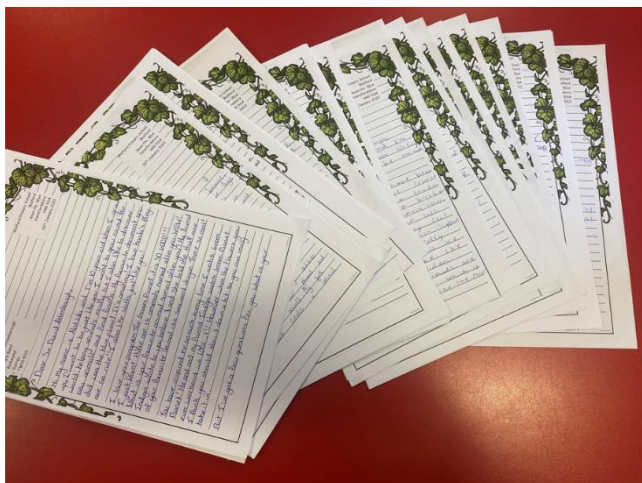
Last week, Class 5 and Class 6 wrote letters to the famous broadcaster and natural historian, Sir David Attenborough.

In their letters, the children discussed how inspirational he was, asked him questions about his life and recognised the impact of his documentaries, the latest of which, being 'The Green Planet'.

Amazingly, Sir David Attenborough wrote a reply!

We are over the moon to receive a reply thanking the children for their wonderful letters.

Well done, Class 5 and 6.



HELPING CHILDREN GROW THROUGH THE LANGUAGE WE USE

A WEBINAR FOR PARENTS

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THURSDAY 10TH FEBRUARY 2022

Join Tim and Shell as they discuss how our language as parents can help (and sometimes hinder) the growth of our children's resilience, emotional wellbeing and self-esteem.

Using a combination of theory and first hand experience, Tim and Shell will unpack some of the main headlines when it comes to how and what we communicate to our children.

Book now at www.strideactive.org/events



Children's Mental Health Week
7TH - 13TH FEBRUARY 2022
#CHILDRENSMENTALHEALTHWEEK

Happier January 2022

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Find three things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together