



Spring Term 2021 Newsletter 10



The Value for the Spring Term is ...Patience

Patience is being able to wait contentedly.

Patience to be heard when you have something to say.

Patience with yourself when things don't go as planned- not getting frustrated.

Patience with others. Accepting that the time for things is not always now.

What's happening next week...

Monday 29 th	
Tuesday 30 th	
Wednesday 31 st	
Thursday 1 st	World Book Day / Last Day of Term

This year, we are celebrating World Book Day on Thursday, 1st April 2021. Reading is something we really value at Walford and we understand the importance of children getting enjoyment from their reading.

In school, we will be dressing up as our favourite well known book characters, and prizes will be given for the best costumes! Children will be participating in reading activities during the day as part of their daily lessons. Don't forget, you can still use your World Book Day token in participating stores!

WORLD
**BOOK
DAY**

healthwatch
Herefordshire

Design a Healthwatch Herefordshire Mascot Competition

This week, we have celebrated some very exciting news! Ottilia in Year 5 has won the prestigious Healthwatch Herefordshire's 'Design a Mascot' competition.

Hundreds of designs were submitted from all around Herefordshire and Ottilia's design, Andy Apple, has been chosen to represent the important work of Healthwatch Herefordshire.

Ottilia's design will now be made into a life-sized mascot and we can't wait for Andy Apple to visit us in school soon!

Congratulations, Ottilia! We are so proud of you!

Andy Apple



Music Lessons

Our peripatetic music teachers currently have space for the following music lessons:

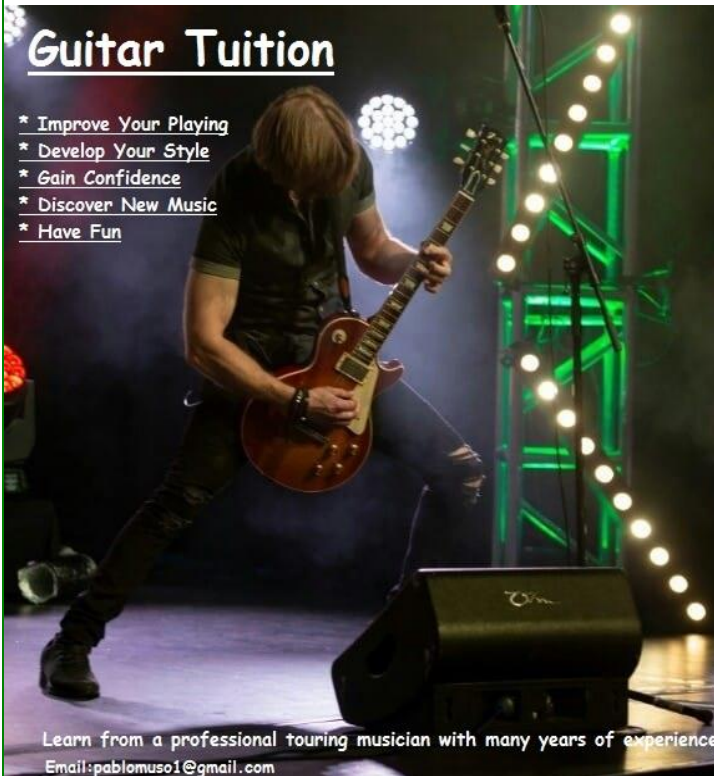
- Guitar / Ukulele
- Violin
- Drum

We also offer Piano, Flute and Clarinet lessons, but at this time, we are unable to offer lessons until September 2021.



Guitar Tuition

- * Improve Your Playing
- * Develop Your Style
- * Gain Confidence
- * Discover New Music
- * Have Fun



Learn from a professional touring musician with many years of experience
Email: pablomuso1@gmail.com

VIOLIN LESSONS

Places now available for twenty minute individual lessons

CAROL LEWIS-MERRITT
UPPER STRING SPECIALIST

For further information please email
calewismerritt@hotmail.com

Drum Lessons now available in school!



Improve coordination, stamina, concentration and learn to read music all while learning to play an exciting instrument!

Lessons cost £4.50 and are billed in half term blocks

Email timcolemandrums@yahoo.com to sign up or for more information on the teacher visit www.timcolemandrums.co.uk

Healthy Minds

In school, we are all focusing upon improving our mental health and well-being. Here are 5 tips to help you work on at home too...



1. Teach children to be themselves

Helping children to realise their strengths is a great way to build their confidence. Encourage your child to notice and appreciate their own strengths and the strengths of others too.

2. Be grateful

Highlight what is working well in your child's life by developing gratitude skills. To develop these skills, you could start a Gratitude Journal or simply spend time, at breakfast or dinner, discussing what we are grateful for.

3. Help children to be more mindful

Develop 'mindfulness' by encouraging your child to draw or colour a picture for a set period of time. Simply set a timer for 15 minutes and ask your child to draw something they can see or colour a picture. This activity isn't about what your child decides to draw or colour, it's about whether they are able to focus on the activity and bring their attention back if they get distracted.

4. Be kind

There are thousands of ways children and adults can show kindness every single day.

5. Teach the importance of resilience

One way to build resilience in children is to help them develop a growth mindset. Children with a strong mindset are more likely to try again when they fail and also attempt to learn how they can improve.



Diary Dates

01/04/2021	World Book Day Celebration / End of term / Last day of school
02/04/2021 – 16/04/2021	Easter Holidays
19/04/2021	INSET Day (children are not in school)
20/04/2021	Return to school
03/05/2021	Bank Holiday
31/05/2021 – 04/06/2021	Half Term
20/07/2021	Last day of school
21/07/2021	INSET Day (children are not in school)



Our Nursery

In Nursery this week, we have been learning through the story 'Esme's Egg' by Neil Griffiths.

The story is an eggtraordinary, eggcitable tale of determination and desire to hang onto an EGG! We have used the story to take the children on a journey from the farm to the supermarket. We introduced vocabulary associated with farms and in particular – chickens and have taken part in lots of egg and chicken related crafts.

What an eggciting week we have had!



NOCN Level 1 Award in Supporting Your Child's Learning



Join our fun class based course helping you to explore new ideas and approaches to develop your skills to support your child's learning at home.



Work with our experienced tutor to develop new ideas, create a story sack and learn how to use craft activities with your children.

This FULLY FUNDED course is available if you are living in Herefordshire, aged 19+ and currently unemployed or earning below £17,000 per year.

**EMAIL: herefordskills@wrecltd.co.uk
or CALL Rachel on 07917 965609**



**5 WEEK COURSES START: 19th April
@ Ross-on-Wye Children's Centre or
20th April @ Ledbury Children's Centre**

